# Samia Tasnim, MBBS, MPH

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# CAREER OBJECTIVE

To pursue a strong research and academic career to create an environment that facilitates a healthy community by promoting healthy behavior and equitable health services.

### **RESEARCH INTERESTS**

Chronic and Infectious diseases, Mental Health, Community Needs Assessment, Health Disparities

#### **EDUCATION**

- Doctor of Public Health (DrPH) (Fall 2020 )
   Texas A&M School of Public Health, Texas A&M University, College Station, Texas USA Department of Health Promotion and Community Health Sciences
- Master of Public Health (MPH) (Graduated: Summer 2020)

  Texas A&M School of Public Health, Texas A&M University, College Station, Texas USA

  Department of Health Promotion and Community Health Sciences

  Selected Courses: Social Determinants of Health, Research Methods, Program Planning, Community

  Needs Assessment, Program Evaluation, Project Management, Risk Assessment, Epidemiology and

  Bio-statistics, Neglected Tropical Diseases
- Bachelor of Medicine and Surgery (MBBS) (Graduated: July 2016)
   Shahabuddin Medical College, University of Dhaka, Dhaka, Bangladesh
   Honorable placement in all three professional examinations
   Selected Courses: Medicine, Surgery, Pathology, Physiology, Community Medicine

# **EXPERIENCE**

- Graduate Research Assistant (July 2020 Now)
   CENTER FOR COMMUNITY HEALTH DEVELOPMENT (CCHD)
   TEXAS A&M UNIVERSITY, COLLEGE STATION, TX, USA
- Practicum Trainee (Fall 2019)
  BRAZOS COUNTY HEALTH DISTRICT, Bryan, TX, USA
  Worked on a Worksite Wellness project focused on promoting healthy eating and physical exercise among the employees. Responsibilities included literature reviews, survey design, data collection and analysis, and program planning and evaluation.
- Independent Researcher (Aug 2018 Now)
  Worked on several systematic reviews and meta-analysis projects in collaboration with Md. Mahbub
  Hossain, a DrPH student at Texas A&M School of Public Health. In total published 19 research
  presentations including 1 umbrella review and 5 systematic reviews.

- Graduate Student Worker (May 2019 June 2020)
  TEXAS A&M TRANSPORTATION INSTITUTE, College Station, TX, USA
  Major responsibilities: Data reduction, data cleaning, data analysis, report writing
- Research Assistant (Dec 2017 July 2018)
  INTERNATIONAL CENTRE FOR DIARRHOEAL DISEASE RESEARCH, BANGLADESH (ICDDR,B), Dhaka
  Initiative for Non-Communicable Diseases, Health System and Population Studies Division

Worked in a project targeted to combat depression of mothers of children with Autism Spectrum Disorder (ASD) named the Menthol project. The study was a British Medical Journal (BMJ) South Asia award winning project in collaboration with Harvard Medical School.

Major responsibilities: reviewing literature, assisting in grant writing, data collection, conducting in-depth interview and focused group discussion etc.

- Medical Officer (June 2016 Nov 2017)
   UPOSHOM HEALTH POINT, Dhaka
   Major Responsibilities: Primary management of patients, assisted in surgeries, performed NVD (normal vaginal delivery), and minor surgeries, patient supervision, follow-ups and discharge etc.
- Intern Doctor (June 2016 May 2017)
  SHAHABUDDIN MEDICAL COLLEGE, Dhaka
  Completed rotational placement and trained under various renowned professors of Medicine, Surgery,
  Gynaecology and Obstetrics

#### SELECTED PUBLICATIONS

#### **Papers**

- 1. **Tasnim, S.**, Hossain, M. M., Mazumder, H. (2020). Impact of Rumors and Misinformation on COVID-19 in Social Media. Journal of Preventive Medicine and Public Health, 53(3), 171-174.
- 2. Hossain, M. M., Mazumder, H., Tasnim, S., Nuzhath, T., Sultana, A. (2020). Geriatric health in Bangladesh during COVID-19: challenges and recommendations. Journal of Gerontological Social Work, 1-4.
- 3. Hossain, M. M., **Tasnim**, S., Sultana, A., Faizah, F., Mazumder, H., Zou, L., ... Ma, P. (2020). Epidemiology of mental health problems in COVID-19: a review (Preprint).
- 4. **Tasnim, S.**, Hossain, M. M. (2019, November). Interventions addressing overweight and obesity among children and adolescents in South Asia: A systematic review. In APHA's 2019 Annual Meeting and Expo (Nov. 2-Nov. 6). American Public Health Association.
- 5. Hossain, M. M., **Tasnim, S.**, Sharma, R., Sultana, A., Shaik, A. F., Faizah, F., ... Bhattacharya, S. (2019). Digital interventions for people living with non-communicable diseases in India: A systematic review of intervention studies and recommendations for future research and development. Digital Health, 5.
- 6. Hossain, M. M., **Tasnim**, S., Sultana, A., Hasan, N. T., Mazumder, H., Khan, N., Faizah, F. (2019). A systematic review of digital interventions addressing mental disorders among the elderly population. Innovation in Aging, 3 (Supplement1), S513-S514.

- 7. Hossain, M. M., **Tasnim, S.**, ... (2019, November). Digital interventions for mental health disorders for sexual minorities: A systematic review. In APHA's 2019 Annual Meeting and Expo (Nov. 2-Nov. 6). American Public Health Association.
- 8. Hossain, M. M., Sharma, R., **Tasnim, S.**, Al Kibria, G. M., Sultana, A., Saxena, T. (2020). Prevalence, Characteristics, and Associated Factors of Workplace Violence Against Healthcare Professionals in India: A Systematic Review and Meta-analysis. medRxiv.
- 9. Hossain, M., Sharma, R., Sultana, A., **Tasnim, S.**, Faizah , F. . (2019). Globalising artificial intelligence for improved clinical practice. Indian Journal of Medical Ethics.
- 10. Hossain, M. M., Sultana, A., **Tasnim, S.**, Fan, Q., Ma, P., McKyer, E. L. J., Purohit, N. (2020). Prevalence of mental disorders among people who are homeless: an umbrella review.

#### **Posters**

- 1. Tasnim S., Najneen S., Mishu S.H., Hasan N.N., ..., Hossain M.M. Barriers to ethical decision-making on cesarean section in South Asia: a systematic review. Presented on 9-March-2019 at  $7^{th}$  Global Health Conference, Houston, TX.
- 2. Mishu S.H., Hasan N.N., Najneen S., Tasnim S., ... , Hossain M.M. A systematic review of femicide in South Asia: status, determinants, and challenges for human rights. Presented on 9-March-2019 at  $7^{th}$  Global Health Conference, Houston, TX.

#### **SKILLS**

Expertise	Literature review, Systematic review, Program planning and evaluation, Survey designing
Tools	Microsoft Word, Excel, PowerPoint, R, STATA, NVivo
Leadership	Student ambassador at TAMU SPH Health and Wellness Committee
-	Facilitator at the "Sex in the Dark" education program
	Social Activities Organizer at Bangladesh Student Association, Texas A&M University

#### **ACTIVITIES**

- Presenter and Attendee. APHA's 2019 Annual Meeting and Expo, Philadelphia, PA.
- Presenter and Attendee.  $7^{th}$  Global Health Conference, Houston, TX 2019.
- Participant. BANGLADESH INTERNATIONAL MEDICAL STUDENTS SCIENTIFIC CONGRESS (BIMSSCON), 2016. Attended multiple scientific sessions (e.g. Basic Surgical Skills, Medical Leadership, Professional Mastering, Cancer Prevention).
- Participant. PROJECT SCARLET, 2016. Organized by SCORA, IFMSA at Kazi Fori Govt. Primary School.
  Volunteered in a comprehensive training program on Menstrual Hygiene and Drug Abuse Counseling as well as provided primary health care.
- Participant. National Menstrual Hygiene Day, May 28, 2016. Organized by SCORA, IFMSA headlining #BreakingTaboos.
- Participant. Anti Tobacco Day, 2016. Organized by IFMSA at Sohrawardy Medical College, Dhaka. Attended anti tobacco counseling sessions and hands on training.
- Participant. A health camp on School Health at Solmaid High School, Vatara. 2016

- Participant. A health awareness program for school children against child obesity, organized by IFMSA with the slogan EAT RIGHT, BE RIGHT, 2016.
- Presenter. PREVALENCE OF DOMESTIC ACCIDENTS IN RURAL BANGLADESH. A dissertation on the increasing trend of domestic accidents. 2013

## Honors and Awards

- SECURED 1ST POSITION out of 100 students in Second Professional Examination, Shahabuddin Medical College, University of Dhaka. 2014
- SECURED 4TH POSITION out of 100 students in Final Professional Examination, Shahabuddin Medical College, University of Dhaka. 2016
- SPH TRAVEL GRANT AWARDEE to attend and present at the APHA's 2019 Annual Meeting and Expo, Philadelphia, PA.